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Topic : Advancing Conservative Dentistry: The Clear Index
Approach and Digital Innovations

Abstract:

The Clear Index Approach, integrating the injection technique with a highly filled resin composite and a 3D-printed index, is transforming conservative dentistry by enhancing precision, efficiency, and predictability. Based on reliable adhesive technologies, this minimally invasive method ensures esthetic and durable restorations for typical cavities and challenging restorations while preserving natural tooth structure.

This lecture will explore clinical workflows, adhesive advancements, and digital integration to optimize long-term success. By combining 3D printing, high-performance composites, and digital workflows, this approach is shaping the future of conservative and aesthetic dentistry.