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Topic: "Ceramic or Gold: Material Selection and Clinical Applications of Inlays and Onlays"

#### Abstract

This paper examines the material selection for dental inlays and onlays, focusing on ceramic and gold. Ceramic offers excellent aesthetics, making it ideal for visible restorations, while gold is preferred for its durability and strength, particularly in areas subject to heavy occlusal forces. Factors such as aesthetics, strength, patient preferences, and tooth condition influence the choice between these materials. The paper also addresses the challenges clinicians face in material selection and discusses emerging trends in dental restorative materials.