

ACDI Academy of
Cosmetic Dentistry India

AAID American Academy
of Cosmetic Dentistry
AFFILIATE



MASTERING Esthetic Restorations

Deep dive into predictable Cosmetic Dentistry

TWO-DAY INTENSIVE LEARNING OF DIRECT AND INDIRECT ESTHETIC RESTORATIONS

Venue:

Indian Dental Association (HO),
3rd Floor, Unit No 3A & B, Zone 1,
VIP Industries Limited, 88C, Old Prabhadevi Rd,
Prabhadevi, Mumbai, Maharashtra - 400025.

Limited Seats

Only

**15th & 16th
Feb'2025**

09:00am to 05:30pm

Mentors



Dr. Mohan Bhuvaneshwaran is a globally renowned dentist with 25 years of clinical experience and advanced dental education. He is a post-graduate in the branch of Conservative Dentistry. He is the owner of a multi-specialty hospital in Chennai, India, with his practice restricted to Restorative Dentistry and Cosmetic Dentistry. He is one of the top practitioners in India with a complete digital workflow and is also an accredited member of the American Academy of Cosmetic Dentistry which is the most coveted and globally recognised specialisation in the field of Cosmetic Dentistry. Having received his fellowship from the Academy of Dentistry Internationale, USA; he has also been a faculty for more than a decade and trained numerous graduates and post-graduates. Presently Visiting Prof in Airlangga University, Surabaya, Indonesia. He is trained from the Kois Centre in Seattle in Full Mouth Rehab workflow, by Dr Kois. In short a clinician and Educator at par excellence. He has been a back bone of various national and international associations. Presently holds the post of :

- Vice President, American Academy of Cosmetic Dentistry.
- President Elect, Asia Oceanic Federation of Conservative Dentistry.
- Council Member, Asian Academy of Aesthetic Dentistry.
- Founder President, Academy of Cosmetic Dentistry India.
- Past President, American Board of Cosmetic and Esthetic Dentistry.
- Past Gen. Sec., Indian Association of Conservative Dentistry and Endodontics.

Published more than 50 articles in peer reviewed journals with two cover page articles. Received various prestigious awards.



Dr. Saiesha K. Mistry BDS, MSc, AAACD, is a prominent Aesthetic and Restorative Dentist based in Mumbai, India. Graduating with top honors from the Govt. Dental College and Hospital, Bombay in 1991, she excelled in Conservative Dentistry and achieved the highest marks overall in her final B.D.S. from Bombay University, earning several prestigious university awards. With extensive training in London and the USA, Dr. Mistry holds a master's degree in Conservative Dentistry from the Eastman Dental Hospital, London, and an International Certification Diploma in Advanced Aesthetics from New York University. Currently, she has pursued Advanced Training in Restorative Dentistry at the renowned Kois Centre in Seattle, USA, known for its evidence-based approach. She is the First Indian Kois Graduate.

Dr. Mistry is an Accredited Member of the esteemed American Academy of Cosmetic Dentistry (AAACD) and holds an Associate Fellow credential with the American Academy of Implant Dentistry (AAID). She serves as the President of the Academy of Cosmetic Dentistry India (ACDI), the Indian affiliate of the AACD. A prolific author, Dr. Mistry has contributed to various national and international journals and publications, including the chapter on Smile Design in Quintessence International's book, Aesthetics in Dentistry. Additionally, she is actively involved in education, serving on the Board of Management of Ajeenkya DY Patil University, Pune, and as faculty for gIDE, USA.

Dr. Mistry frequently presents at scientific meetings worldwide and conducts courses and workshops on Aesthetic and Restorative Dentistry. As a Key Opinion Leader for leading dental companies, she plays a crucial role in product testing and development. In her private practice, Dr. Mistry focuses on Aesthetic and Restorative Dentistry, specializing in smile makeovers and oral reconstructions.



Why should you attend this workshop?

Smile makeovers have become common in our day to day practice these days. Today's Cosmetic Dentistry revolves around minimal prep Dentistry and unnecessary reduction of tooth structure is not warranted. Composite resin restoration is very tooth friendly, since they require only minimal tooth prep, Keeping the final outcome in mind and then formulating the treatment plan is the key to success. In that sense composite do have a major role in many of our smile make over cases. Somehow, due the increased chair side time involved and the difficulty in achieving an awesome smile pushes the composite to the back seat, when compared to ceramics. Today Glass ceramics can do magic in creating great smiles. The main success in creating smiles with ceramics lies in correct case selection, tooth preparation and cementation. The role of the ceramist is of great importance and needless to mention the role of lab communication. This lecture will take through the various practical secrets of creating happy and lasting smiles with both Composites and Ceramics.

LEARNING OBJECTIVES

1. Principles of Smile Designing
2. Current Concepts in Adhesion
3. New era of Composites
4. Creating invisible Composite Restorations
5. Importance of Finishing and Polishing
6. All you need to know about all Ceramics
7. Inside story of Ceramic Laminates
8. Tooth reduction guidelines
9. Adhesive Cementation

Program

SCHEDULE



Day 1

15th Feb, 2025

Lecture

Charak Class Room

- 08:30 a.m - Registration
- 09:00 a.m to 09:30 a.m - Introduction to Cosmetic Dentistry
Dr. Mohan .B
- 09:30 a.m to 11:00 a.m - Smile Designing Principles in the current era with Digital Integration
Dr. Saiesha Mistry
(Complete insight to handling patient's demand on smile make over, integrating all the principles with the prudent use of digital technology. Digital smile make over and the digital workflow will be discussed in details)
- 11:00 a.m to 11:30 a.m - Tea Break
- 11:30 a.m to 01:00 p.m - Multi specialty approach in Smile Makeover
Dr. Mohan B
(The importance of right diagnosis and treatment planning will be discussed with various cases. Importance of developing a team and the team effort that goes into smile makeover will be discussed)
- 01:00 p.m to 02:00 p.m - Lunch
- 02:00 p.m to 03:30 p.m - Smile Makeover with Ceramics
Dr. Saiesha Mistry
(Case selection, Material selection, Prep guidelines and techniques, Cementation protocol will be dealt in detail)
- 03:30 p.m to 04:00 p.m - Tea
- 04:00 p.m to 05:30 p.m - Smile Make over with Composites
Dr. Mohan B
(Current strategies in adhesive protocols and composites, Shade blending, prep guidelines, Secrets of seamless restoration and tips and tricks in finishing and polishing will be discussed)
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Program

SCHEDULE



Day 2

16th Feb, 2025

Hands-on Pre-Clinical Room

- 09:00 a.m to 01:00 p.m - Ceramic Laminate prep. - Demo and Hands-on.
(Current techniques in preparation and digitally guided preps - participants will get a complete insight of all prep. techniques)
- 01:00 p.m to 02:00 p.m - Lunch
- 02:00 p.m to 05:00 p.m - Class IV Composite build up - Demo and Hands-on.
(Participants will learn Tooth prep guidelines, placement of composites the right way and proper finishing and polishing techniques)
- 05:00 p.m to 05:30 p.m - Q & A session.

REGISTRATION FEES

Early Bird offer upto 25th December, 2024

ACDI Member – **Rs.6,500/-** for Lecture.
Non ACDI Member – **Rs.7,500/-** for Lecture.

ACDI Member – **Rs.14,500/-** for Lecture & Workshop.
Non ACDI Member – **Rs.16,000/-** for Lecture & Workshop.

After 25th December, 2024 till 7th February, 2025

ACDI Member – **Rs.8,500/-** for Lecture.
Non ACDI Member – **Rs.9,500/-** for Lecture.

ACDI Member – **Rs.16,500/-** for Lecture & Workshop.
Non ACDI Member – **Rs.18,000/-** for Lecture & Workshop.



Program Supported by

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